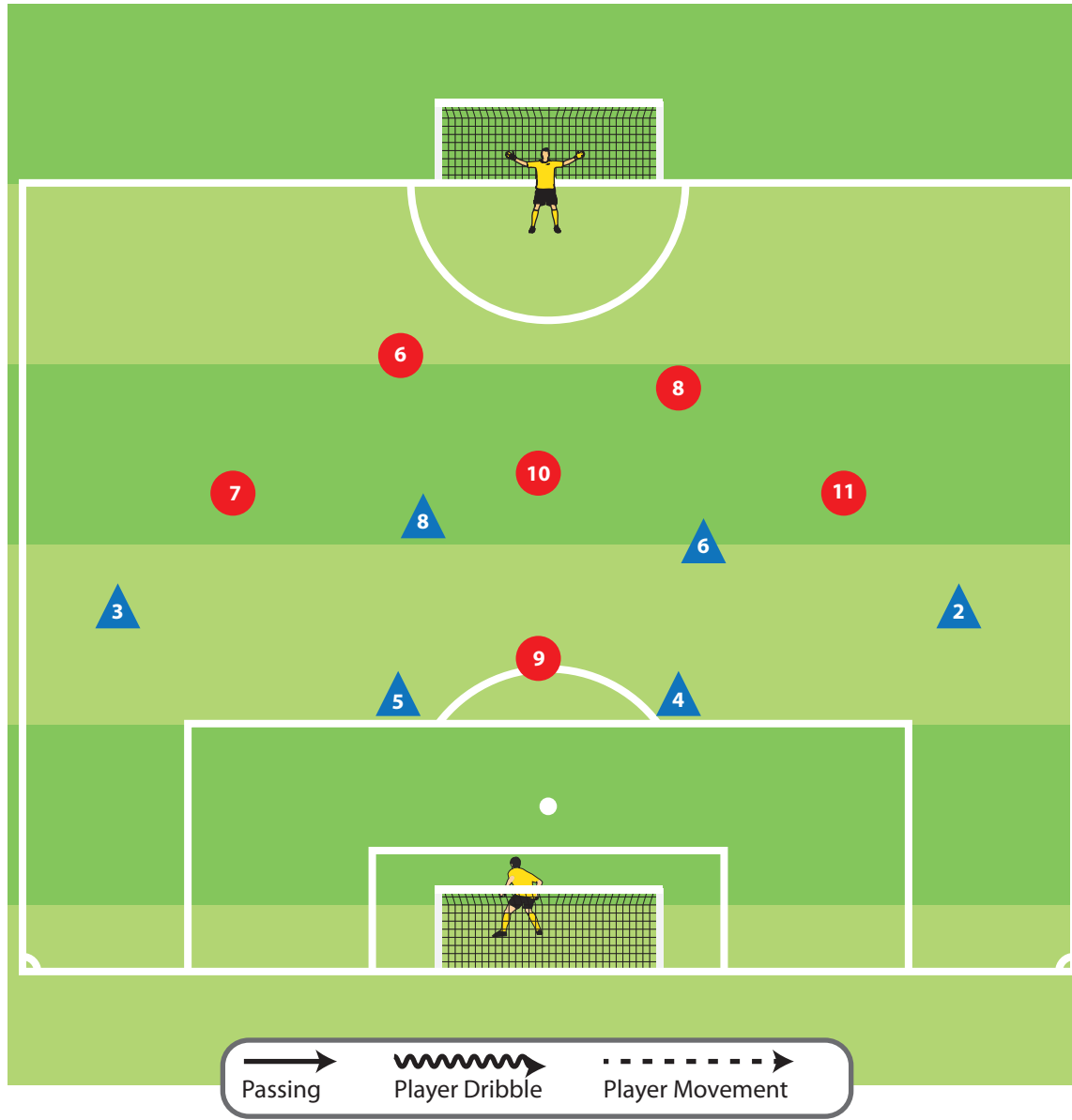


Attacking: Build up from Defensive Half: Stage IV Game

Topic: Improve your team's ability to build up from the defensive half.



Setup

Half of a normal field with 2 full sized goals and 2 goal keepers. Divide players into groups based on who they typically play and combine with during a real match. Create teams of 6v6.

Sequence

- Goalkeepers or a coach will start play by distributing a ball.
- No restrictions this should be 6v6 free play.

Variations

- Expand or contract the space. Limit touches for blue and or red team.

Coaching Points

- NOTE: Let them play without interrupting, use natural stoppages or coach in the flow, cover points when players are resting.
- Keep coaching points focused on this session, reference coaching points from Stages I-III of this session. Stay on topic.